



Starfish

4th anniversary
1978
2023

Lai King Catholic Secondary School
English Newsletter 2021-2022

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Write here, write now: budding writers in LKCSS.



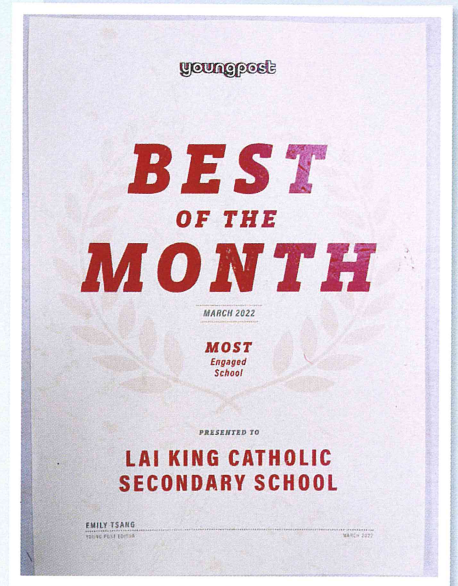
Lai King Catholic Secondary School sent more than 60 submissions to our Top 10 and Your Voice sections in March, and six of them were published. Keep your submissions coming!

This year, we were awarded the Most Engaged School in March for having sent more than 60 submissions to the Top 10 and Your Voice sections of the Young Post in the month alone. Among the submissions in March, six have been published. More

works of our students have been showcased in the following months. These aspiring writers with their work posted include 5A Chung Cheuk Fung, 5A Ho Wing Lam Wing, 5A Lam Sze Hang Alice, 5A Law Kai Chung, 5A Leung Hoi Nok Eunice, 5A Li Xiaoying, 5A Tan Yingran, 5A Tang Chi Him, 5A Tang Wing Yu, 5A Wong Pak Kiu Parco, 4A Leong Pui Lin, 2B Sung Weng Chuen Maureen, 2D Chen Wing Sze and 2D Yung Tsz Ching.

Under the guidance of their English teachers, students from our school have actively submitted their writing works to the Top 10 and Your voice sessions of the Young Post. For the Top 10 section, students had to flex their creativity to answer the question of the week, whereas for the Your Voice section, our students made use of their critical thinking skills and share their thoughts on current topics.

Let's look forward to reading more outstanding pieces from our school mates on the Young Post!



Selected good works to Your Voice

GENDER EQUALITY IS A LONG-TERM GOAL

Some people think gender equality has already been achieved, but others don't. The equal treatment of men and women is much better today than it was decades ago, but there are still problems that exist.



For example, the pink tax refers to how products will be more expensive when they are sold to women, compared to their price when sold to men.

This cost difference can often be seen with razors, hair care, clothing and even children's toys. The items are often similar in quality – the only difference is the customer they are marketed towards. It's not just gender inequality – it's discrimination. As you can see, there are many issues we still need to address.

The problem of gender equality is still controversial, which means that the current system is not inclusive of everyone's needs.

4A Leong Pui Lin

TASTE OF THE CITY'S 'UNDYING' SPIRIT

The two-dish-rice box has been trending in Hong Kong because of the pandemic restrictions on dining. Some think it is creating more styrofoam waste, but its affordable price benefits many people.

The rice boxes are also a convenient meal option that tastes like healthy home-cooked food. There are usually more than 20 pans of steaming Cantonese dishes for customers to choose from, such as steamed whole fish, steamed egg and curry ribs. They feel like home.

Last but not least, the fad represents Hong Kong's undying spirit. The evening dine-in ban made it tough for many restaurants to survive, but they tried to find a way out by offering two-dish-rice boxes. Even if they cannot earn much money, they still provided quality meals. This embodies the city's culture that we should preserve.



5A Wong Pak Kiu Parco

More than one way to treat stress



Feeling stressed? Here are some of my tips for dealing with this common feeling. Instead of viewing stress as something negative, reframe it as something that helps you achieve your goal. For example, it can drive you to meet deadlines.

Make sure to focus on positive thoughts as this can help offset difficult situations. Learn from your mistakes and use major challenges as a time for personal growth.

You should not withdraw from people when you are stressed. Instead, identify people whom you can ask for support. If you have a huge problem with stress, a therapist could be helpful.

Make life decisions based on what is meaningful to you, to ensure that the stress you experience is worth it.

Stress is not a horrible monster. Embrace it and turn it into something that motivates you.

5A Law Kai Chung

Selected good works to Top 10

What is the most surprising or unique name you have ever heard?



Sodium. As everybody knows, sodium is a chemical element; it's not a person's name. I first heard it on my school's Open Day. A teacher called a student Sodium.

Sodium is a highly reactive metal. I hope his life can be like sodium, having different reactions to different situations. I am thinking of changing my name to Calcium.


5A Tang Wing Yu



"Good morning, everyone! My name is Submarine," said a new classmate. Submarine? Who wants to be named after a vessel that is usually built for warfare and armed with torpedoes or guided missiles? Will he attack us? He told me the meaning behind the name. He wants to be his true self at all times no matter what the situation is, just like a submarine withstanding high pressure in the deepest depths of the ocean.

5A Tang Chi Him





What is one dream that you woke up from wishing it was real?



In that dream, I was not wearing any school uniform or suit, but an army outfit with a machine gun. I was confused, but I knew that there would be a war very soon. There was the smell of gunpowder, the debris of the destroyed buildings... When I picked up my gun and was ready to fight, a guy nearby told me and the soldier nearby, "Peace has returned, warriors." He was speaking Ukrainian, but I surprisingly understood what he said. While I was overjoyed about the news, I woke up. The TV was streaming about the war between Ukraine and Russia – the horrifying missile and the buildings bombarded... The war didn't stop. I hope this dream can become real, so that the innocent can leave the hell called "war".

2B Cheng Chun Yuen



I woke up from a dream in which I was still living with my late grandmother. If my grandma was still around, I would have been the happiest kid in the world. I would sit next to her, chat with her, and watch her favourite shows. She would make my favourite tea and buy me a lot of beautiful clothes. If my grandma was still alive, she would be 86 this year. But she has been away from me for a long time. The flat is empty, and I can only visit her grave.

2D Chen Wing Sze



One day, I dreamt that I had won the Mark Six first prize. I was unbelievably lucky! After receiving the huge amount of money, I went to a property agency and bought a house which was not my cup of tea but my parents' dream house. Why did I buy this house? I remembered I spent a lot of time to consider whether to make this decision in my dream. I want it to be a gift for my parents for being so loving and supportive raising me. It'd be a great idea to let them have a better living environment. When I thought that it'd be a great surprise to my parents, I suddenly woke up! How terrible! I really wish that wasn't just a dream.

4A Choi Sin Yi



In my dream, I got a younger brother. I remember his tiny little hand grabbed my finger while he grinned with his sweet smiling face. As it all happened, I felt like I had got hold of the most precious thing in the world. We played together and did some ordinary things, and we were happy. By the end, I watched him grow up to be an adult. He turned around, smiled and waved at me. Then all of a sudden, he started to vanish and I woke up. For one second, I thought it was real and that I really had a younger brother. But then I realised it was just a dream, a dream that I wish was real.

3A Lee Sze Yan



A China Eastern Airlines flight with 132 people on board crashed in a mountainous area in Guangxi region last week. Just after that tragedy, I had a dream that I took the same flight, but I reached my destination safely. If this dream was real, 132 lives would have been saved.

2D Yung Tsz Ching

Which young artist do you want to introduce to your parents?



My parents are among the most old-fashioned people I have ever seen but needing to suit their tastes is not as hard as I think. Both of my parents like songs that are easy to understand and catchy at the same time. So, I think I would recommend Yonezu Kenshi, whose songs are both meaningful and memorable; plus, his voice is beautiful so they might fall in love with his singing. I might go and introduce him to my parents right now.

3B So Zi Xian Jerome



Drivers License is my all-time favourite song from a young artist Olivia Rodrigo, a beautiful and gorgeous girl whose debut album made her famous and even won a Grammy Award when she was 19 years old. In fact, she is still just a student now. She inspires me to pursue my singing dream. For this reason, I really want to introduce her to my parents to prove that being a singer while I am a student is not unrealistic.

3A Cheung Wang Yan Abbie



I want my parents to know about the multitalented artist Lai-ying. She is a local singer and runs a popular YouTube channel called Pomato. Why would I introduce her to my parents? Because Lai-ying doesn't meet the traditional standards of beauty, yet she proves herself with her beautiful voice, fun personality, and hardworking attitude. She breaks stereotypes and reminds us to never judge a person by their appearance.

2B Sung Weng Chuen Maureen



The artist I would like to introduce to my parents is the actor of everyone's friendly neighborhood hero Spiderman, Tom Holland. He is also one of the youngest successful actors of all time. I recently watched the newest Spiderman movie which was as incredible as the other ones. My parents and I love superheroes and action movies. I'm sure that they'll love Tom Holland and enjoy every single one of his movies.

3A Cheung Ming Ho Elvin



I would introduce Tsesaipei (Jasmine Tse), an illustrator from Hong Kong. Although she may not be as famous as other artists, I really like her painting style. Her works on Instagram is mainly about the daily life of most Hong Kong people, which I find very relatable. Last year, she held an art exhibition about old Hong Kong, in which she showed different illustrations of local collective memories. She is truly talented.

3A Lam Tsz Yan



Twice was the first K-pop girl group that I ever became a fan of. Although some haters criticise their performances, they still put in the effort to improve and grow. The nine members are all optimistic, even though they have encountered different hardships along the way to fame. I want to introduce them to my parents since Twice has brought me lots of laughter and taught me to always stay positive.

5A Ho Wing Lam

73rd Hong Kong Schools Speech Festival 2021



To promote the interest and raise the standard of students in speech, LKCSS had 83 entries in this year's Solo Verse Speaking and Choral Speaking competitions. A total of 86 students from S.1 to S.6 participated in the 73rd Speech Festival. It is with excitement and pride that we earned 1 championship, 7 second places and 3 third places and many certificates of merits for our students this year.

Thanks to our professional and devoted English Teachers for training our students and helping them prepare the competition. Teachers meet students regularly to give feedbacks and ideas to enhance their performance. It is hoped that our students can hone their English - speaking skills through joining the competition.

Winners:

Champion:

3A Lam Chung Ching

2nd runner-up:

3A Zheng Yan Ki 4A Lee Pui Yan 4B Siu Ying

1st runner-up:

3A Lee Sze Yan 5D To Tsz Yan
3D Lee Yin Hang 5D Pang Chi Lun
4A Cheung Jayden 6A Chung Yan Hei
6A Lo Chung Wan





S.1 participants



S.2 participants



S.3 participants



S.4 participants



S.5 and S.6 participants

Certificates of Merits:

1A Chiu Yan Ki	1A Hon Tsz Yau	1C Fung Ho Hin	1C Shiu Ka Shun
1C Wong Chun Hoi	1D Chen Ka Leong	1D Lee Tsz Ching	2A Chong Hiu Long
2A Lam Kei Yin	2A Wan Ka Yu	2B Chan Chi Yan	2B Chan Hiu Tung
2B Chan Sin Yi	2B Cheng Chun Yuen	2B Wu Man Hin	2B Wu Sum Yu
2C Lin Wing yi	2D Chan Tsoi Ying	2D Cheung Ka Leung	2D Cheung Long Hei
3A Cheung Wang Yan Abbie	3B Cheuk Wing Yan	3B Kong Tsoi Yung	3B Luk Tsz Ching
3B Yeung Tsz Ying	3C Szeto Yuen Ho	3C Tse Pok Fun	4A Chuang Kam Yuk
4A Ho Pui Sze	4A Lee Hon Lek	4A Yang Yuen Ting	4B Fu Wai Yu
4B Wong Chun Ho	4B Wong Ka Wing	4C Lin Chun Wai	4C Wan Tsun Kit Jackie
4D Yiu Pui Lam	5A Lee Nok Yi	5A Lee Yuk Ching	5C Chung Hoi Lee
5C Wong Cheuk Yi	5D Chan Hei Lui	5D Law Lok Yin Louis	5D Ma King Sen
5D Ng Sze Ting	6A Chan Lok Yi	6A Kwok Sin Yu	6B Chen Ka Hei
6B Cheng Tsz Shan	6D Lam Wing Yan	6D Lau Denise Ying Ting	

Certificates of Proficiency:

1A Chan Sum Yin, Chesna	1A Chin Cheuk Yin	1A Lo Yin Ting	1B Chan Wing Yiu
1B Chee Ngo Yin Oscar	1B Sit Hoi Ching	1B Tse Chun Man	1D Cheung Chun Ka
1D Lee Ching Hei Hebe	1D Leung Hei Tung	1D Siu Yu Ki	1D Tan Ka Man
2A Chu Wing Hang	2C Poon Lok Lam	3A Xiang Kin Chung	3D Chen Sau Ping
6B Lee Sze Man			

Winners and Comments from the adjudicators

3A Lam Chung Ching
The Champion



A focused opening, your warm tone suited the poem. Key words were lifted effectively and you shaped the beginning of the second verse with effect. Your tone and eyes captured the wonder of this piece – do hold the ending of the seconds verse a little more, but the final words were shaped with a pleasing sense of joy. Very promising and thoughtful work.



3D Lee Yin Hang
1st runner-up

This was a very expressive introduction of your poem. Lots of lovely facial expression and the mood of the poem was well conveyed. You brought the poem to life with beautiful pacing and phrasing. A very impressive performance.



5D Pang Chi Lun
1st runner-up

A confident performer with a fine voice and a natural delivery of the poem. You understood the sense and meaning of the words and used a good variety of pace and some excellent tonal emphasis to capture the excitement of the poem. An expressive performance with a very thoughtful ending.



6A Chung Yan Hei
1st runner-up

There was a lovely sense of confidence in your performance as you shared it with the audience. You have such a well projected voice, keep up the good work on those speech sounds. You engaged the audience with your animated facial expression and your changes in vocal tone.



3A Zheng Yan Ki
2nd runner-up

This was an energized presentation. You spoke the poem clearly and coherently in English. You captured the teacher's tone with some precision. The mood was well established and communicated effectively. You conveyed the pathos in the poem with some skill. A lovely ending.



4B Siu Ying
2nd runner-up

An understanding of the poem, the situation and the speaker's response to it are evident here. Your delivery has vocal energy and a sense of urgency, a desire to do something-anything at this terrible time.



3A Lee Sze Yan
1st runner-up

You started with a smile and shaped the mood of the first line with an appropriate tone and effective change of pace. The performance is consistently projected. You are using your eyes to share the performance – that was a clear and atmospheric performance.



4A Cheung Jayden
1st runner-up

You brought your poem with pleasing clarity of speech. You were thinking the poem's meaning and allowed the difference to come in the dialogue. The way you paused to acknowledge the dialogue was really good.



5D To Tsz Yan
1st runner-up

You have a most pleasing vocal tone and the speaking is natural and unforced. You had good shape to the verse and observed the run-on lines. You captured the reflective quality of the speaking from the opening line and there was a sensitivity to mood and meaning.



6A Lo Chung Wan
1st runner-up

An expressive opening. You gave us some lovely variations of vocal tone and colour which captured in mood and humor of each verse. You changed volume and pace accordingly and used some lovely facial expression.

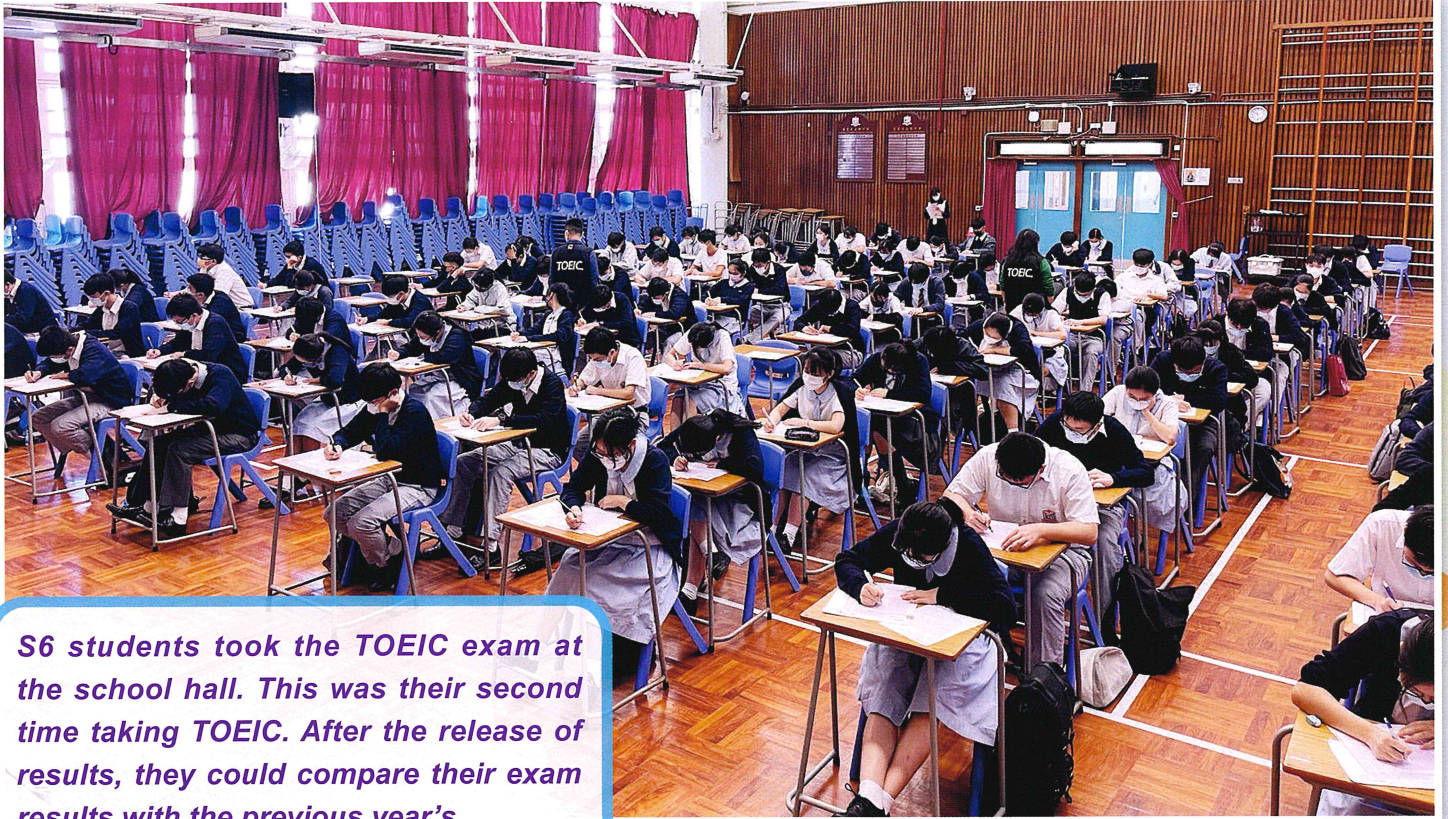


4A Lee Pui Yan
2nd runner-up

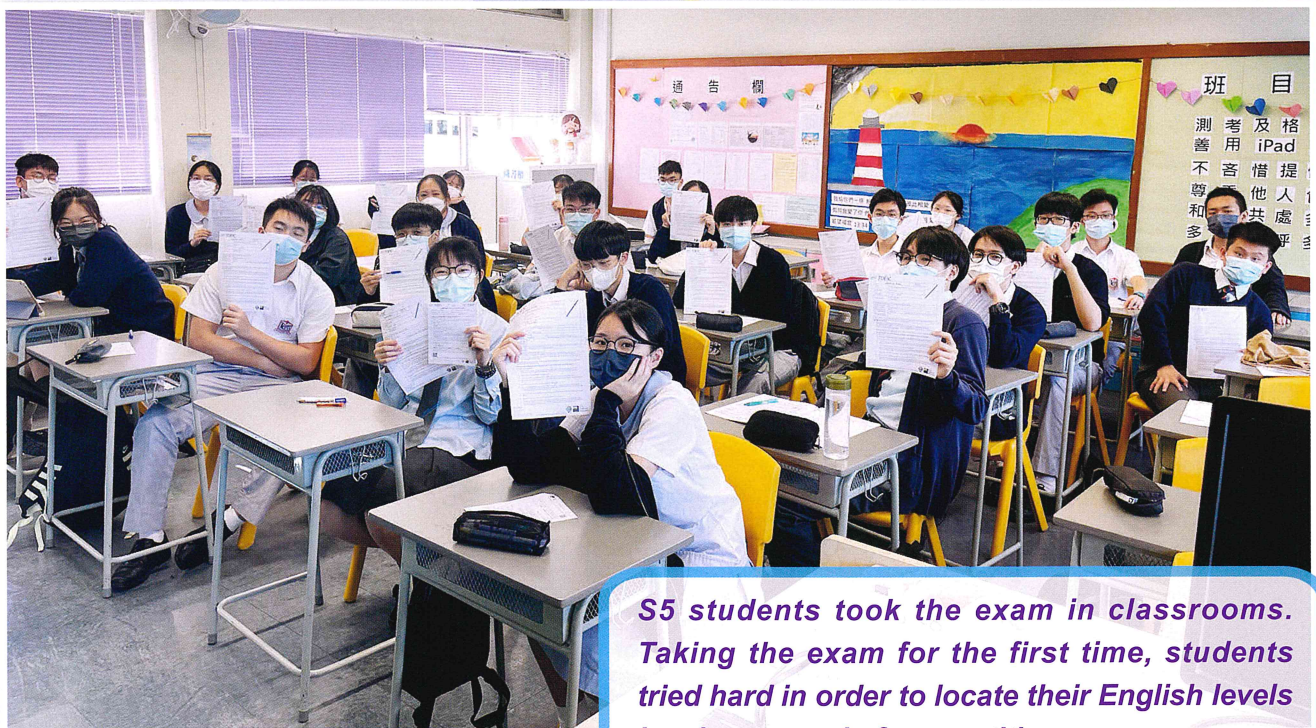
You spoke with focus and attention to detail. There were dramatic moments that captured the feeling of the poem and grabbed my attention. Some lovely use of facial expression which brought the intention of the poem in life. A very thought-provoking performance!

TOEIC

Since November 2021, our S.5 and S.6 students have been gearing up for the upcoming HKDSE. TOEIC was such a timely opportunity for them that they could experience the atmosphere of public examinations. The TOEIC results functioned as a reference for S5 and S6 teachers to predict students' DSE levels, providing the DSE-takers with a clearer goal.



S6 students took the TOEIC exam at the school hall. This was their second time taking TOEIC. After the release of results, they could compare their exam results with the previous year's.



S5 students took the exam in classrooms. Taking the exam for the first time, students tried hard in order to locate their English levels in a larger pool of competition.

Quality School Improvement Project (QSIP)



This year, we joined the Chinese University of Hong Kong's Quality School Improvement Project (QSIP) programme that S2 teachers were collaborating with Ms Rosy Tsang, the School Development Officer to refine the short story writing package developed for S2 students.

Before conducting the lessons, four co-planning sessions were held from November to February. Students' needs and weaknesses on short story writing were identified and corresponding solutions were brainstormed and discussed during the first co-planning session. The following sessions focused on lesson design and pedagogical techniques.

Eight lessons were conducted in May covering the following topics:

- major genres of mystery stories
- key features of a short story (plot structure, dialogues & speech verbs as well as action verbs)
- planning and writing the outline of the story
- proofreading skills



All lessons were run very smoothly adopting diversifying teaching approaches like multimodal discovery approach, multi-sensory design, V-A-K (visual-audio-kinesthetic) learning, heterogeneous grouping etc to better cater to learner diversity, increase students' motivation and participation, enhance peer collaboration and communication and boost learning effectiveness.

Six post-lesson discussion sessions were held on 1st and 5th June to evaluate on the effectiveness of the lessons and suggest ways to further improve them.

On 8th July, a QSIP evaluation workshop was organised for all English teachers sharing the good practices captured from the exploration of the S2 team as well as suggesting directions for future development.

Observing students' writings, we were glad to find that students were more aware of using a plot mountain when planning their stories. A considerable number of students were using the speech and action verbs learnt to enrich their stories' content. Dialogues were also included to add vividness to the stories. We were also impressed with the creativity shown in their masterpieces.





English Society

2022 has brought a new side to the English Society, with the general resumption of physical schooling, the English society has been able to hold more activities and have a more physical presence in school.

Our first big introduction to our school this year was the new English Passport System. This system is that every time a student takes part in an English Activity they could receive a "Passport Stamp", whereby if they receive 10 stamps, they receive a small prize (stationary), and get 1 entry into a big end of term prize draw for a much larger prize (\$500 coupon). The system was extremely successful with over 50 entries to the prize drawer. With our big 3 winners for the lucky draw being 6A's Carina, 5C's Connor, and 6A's Vicky.

"English Passport gave me motivation to engage in various activities, greatly boosting my confidence and communication skills, and winning an award also fuelled me to strive even harder for excellence"

6A Vicky

Another change to last year was the revamping of the English board in the canteen area. We have given it a new lease on life and allowed for it to be regularly updated by both teachers and students. Our NET, Mr Alex and English Teachers, Ms Chan and Mr Lo have helped our English Ambassador team to regularly update English recommendations on the board for movies, books and more! The English board is also a go to location to find out about our regular social media competitions, morning assembly questions and English activities.

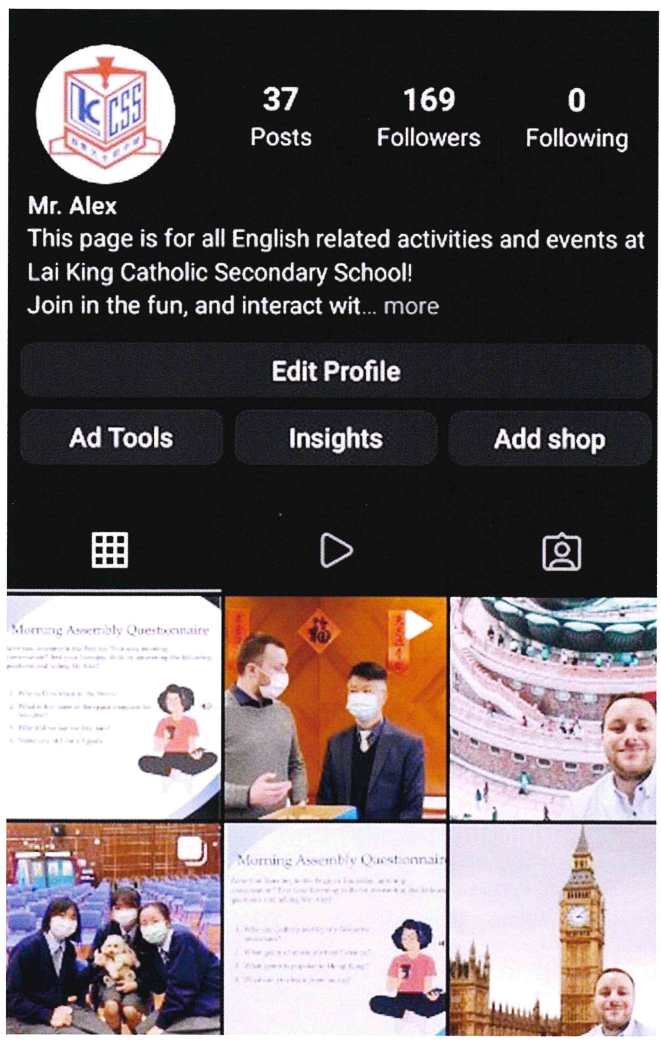


We had a major overhaul of the English Society Instagram account this year as well, LKCSS_English. Has been a hot spot for posting weekly competitions, English memes and more. Be sure to stay up to date on what we post to be a chance to be next year's lucky draw winner. We are also still looking for Social Media managers as well.

As far as events go this year, we have held a few in person events, such as Baby Photo matching and also a few online events like our spelling bee, video competitions and map hunting.

Finally, we have also been holding regular morning assemblies with our students and NET, to have brief conversations. More details about each activity can be found in the following pages.

Next year we hope to have another fruitful year, and do even more again. If you'd like to be a part of this journey, and to improve your English. Be sure to talk to our NET Mr Alex.



Morning Assembly

Similar to our last year, we continued our tradition of having English morning conversations with Mr Alex and our students this year. 2-3 students from each class in our senior forms were selected this year to have a conversation with Mr Alex. As well as a small selection of our junior form students.

Topics have ranged from hot button issues like Elon Musk or the Queen Jubilee, to more personal things like hobbies and homework. We even had a brief conversation about this year's Olympics.



“Having conversations with the students is great, I love being able to connect with students about what they find interesting, and get to have a natural discussion with them about it. With a little help and preparation our students are able to naturally converse with me. I think the focus on fluency for this activity, and the times I may ask an odd, unexpected question, really help our students to develop a natural command over English”.

– Mr Alex

“In the morning assembly I was able to learn more about the topic and English. It was a little scary, but it was fun.”

3A Ho Tai Yung

“I really enjoyed my time in the morning assembly. I was able to make new friends and learn things. I hope to participate many more times in the future.”

3A Lam Chung Ching

“I found morning assembly fun and interesting. I was able to improve my public speaking skills and learned how to react when talking for a large group of people”

3B So Zi Xian



English Fun Day – Spelling Bee

This year, we were able to hold a lot more events than the previous year, as we have grown more accustomed to holding online events and we were even able to hold a few events in person. In terms of formal activities this year, we had the Baby Photo Matching game, and the English Fun Days, which consisted of a Kahoot Spelling Bee, a Quizizz Video Competition, and a Map Hunt Activity.


We were also able to hold online English Fun Days involving our NET during the special holiday this year. They were great success. A total of over 200 students joined the events.

After the success of last year's Spelling Bee done on Kahoot!, we decided to go bigger and better, with more students and more questions, but following a similar format, where a series of spelling related questions would be given, and students had to find the correct; or in some cases, incorrect answer. The 4 sections were: Picture Spelling, Unjumble the Letters, Odd One Out and finally, Fill In The Gaps, with the bonus round being "Is It Spelt Correctly". Last year, I posed the question, "Can anyone beat Andy?" Well, after a hard-fought battle, 3A's Cheung Ming Ho, was our winner, just holding off Tang Ka Ho from 4A from holding his Spelling Bee crown for a second year.





**ENGLISH FUN DAY
KAHOOT
SPELLING BEE**

Make sure the sound is up on your device!

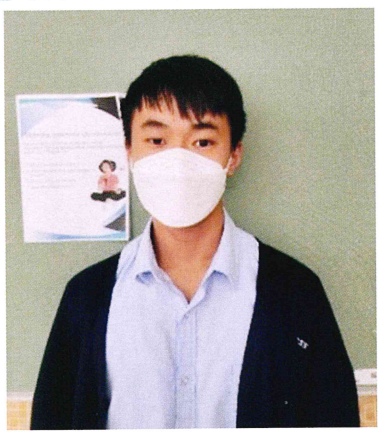


Date: 16/03/2022 (Wed)
Time: 2-3 p.m.
Eligibility: all F.1-5 students
ZOOM Meeting ID: [989 888 7888](#)
Prize: Book Coupons

**All entrants gain bonus speaking marks.*

Scan the QR code and sign up!



"The English Fun Days were interesting activities to learn English and gain knowledge about the language and culture. I even learnt some more vocabulary. My favorite activity was the English Spelling Bee since I can learn new words and it was exciting that I won!"

- 3A Cheung Ming Ho (Winner of Spelling Bee and Quizizz)

English Fun Day – Quizizz Video Competition

The second online event this year was the Quizizz Video Competition, where students would watch 2 different video clips, one from a movie set in Hong Kong, the second a music video. Students would then have to answer observational questions based on what they saw. Again, 3A's Cheung Ho Ming, with stiff competition from 5D's Ng Sze Ting and 1A's Kwan Yi Shun, managed to take the victory.

**ENGLISH FUN DAY
QUIZIZZ
VIDEO COMPETITION**



Date: 30/03/2022 (Wed)
Time: 2-3 p.m.
Eligibility: all F.1-5 students
ZOOM Meeting ID: [989 888 7888](#)
Prize: Book Coupons

**All entrants gain bonus speaking marks!*



Scan the QR code and sign up!

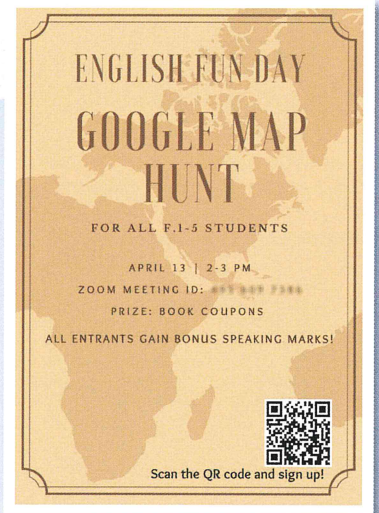


"I joined a competition on English Fun Days. It's a video for you to watch and I had to answer some questions. At first, I just saw it as a little English game, but I actually won a prize! I learnt that I need to watch with concentration to not miss any main points. I hope our school will organize more games about English next year, and I hope I will come first!"

1A Kwan Yi Shun

English Fun Day – Google Map Hunt

Our third online event this year was the Google Map Hunt. This activity was done in groups, where each group was assisted by an English teacher. Each group received a file with 12 photos of places throughout Hong Kong, like the flower market, or the Hong Kong Convention and Exhibition Centre. Students would be given a brief clue and had to find the location and try to retake the photo given to them using Google Maps. There was also a hidden cryptic clue for a message. The activity required lots of team work and Google skills. Despite a close battle at the top between Ms. Kwan's group and Ms. Yu's group, Ms. Yu's group emerged victorious, completing 11 of the 12 photos in the allotted time! Next year, we really hope to run a similar activity to this but in person, in a classroom, to really heighten the team element.



"I think the Map Hunt was a very impressive activity, seeing new areas of Hong Kong was eye-opening. I had fun with my teammates and teacher 'hunting' for the photos, earning my group some points towards our win!"

1A Yeung Yan Ives

Baby Photo Matching

For our in-person activities, this year we had the Baby Photo Matching board, where our kind English teachers were willing to share with us their baby photos so that students could try to match each baby photo to the current photos of the teachers. Each photo had a corresponding letter and number to create the hidden cryptic message, "English is Fun", which once students said, they would receive English Passport stamps. The event was a resounding success with students cramming the halls to get a glimpse of their favorite teacher as a baby!



We also invited The LAP to bring some of their rescue dogs to give a talk and workshop about the protection of animals. Our students really loved the meeting as they got to interact with some cute puppies and learn and discuss about animals.



"I joined many activities and I think they were all very entertaining because I can learn many new things whilst having fun. I encourage other students to join these activities too because you can learn things from playing games! I will definitely join again!"

1B Kong Kai Tsun Kaleo

Primary School Visit

This year our NET Mr. Alex and Ms Chan held an English event for our visiting primary students where they had to throw a ball into a target box to receive a trivia question on a category. The primary school students had a lot of fun and were able to use their English skills to take part and win small prizes like stickers and stationery. We hope these students who joined, will be joining our English Society next year!



Everyday English

Finally, regarding our NET Mr. Alex, we hope that if you see him around the school, feel comfortable to go up and talk to him. You might see him wandering the halls or hitting the gym, but he's always open for a chat. Well, you might even want to join in, and get fit with him, which some of our students did to great success.